

Lunch Menu

Broad Brook Elementary School

October 2026

WHITSONS FAMILY OF COMPANIES

WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

5 A - Homemade Mac & Cheese 🌱🍌
B - Turkey & Cheese Sandwich
C - Uncrustable Sandwich Lunch 🌱
Steamed Broccoli And Fresh Orange 🍊

6 Fluffy Whole Grain Waffles 🌱
Sausage Patty
Crispy Potato Puffs 🍌
B - Turkey & Cheese Sandwich
C - Uncrustable Sandwich Lunch 🌱
And Diced Pear Cup

7 A - Crispy Chicken Sandwich
B - Turkey & Cheese Sandwich
C - Uncrustable Sandwich Lunch 🌱
Baked Potato Wedges 🍌
And Fresh Orange 🍊

1 A - Chicken Bowl with Gravy
chicken layered with mashed potatoes and corn, smothered in gravy 🍌
B - Bagel with String Cheese 🌱
C - Uncrustable Sandwich Lunch 🌱

2 Classic Cheese Pizza 🌱🍌🍌
B - Bagel with String Cheese 🌱
C - Uncrustable Sandwich Lunch 🌱
Baby Carrots
Cinnamon & Honey Roasted Beans

12

13 A - Pasta with Meat Sauce 🍌🍌
B - Fruity Parfait 🍌🍌
C - Uncrustable Sandwich Lunch 🌱
Steamed Broccoli And Fresh Apple

14 A - Mini Blueberry Pancakes
With Crispy Turkey Sausage Links
B - Fruity Parfait 🍌🍌
C - Uncrustable Sandwich Lunch 🌱
All With Crispy Potato

15 A - Soft Tacos
B - Fruity Parfait 🍌🍌
C - Uncrustable Sandwich Lunch 🌱
Sweet Corn
Black Beans
And Pineapple Cup 🍌

16 A - French Bread Pizza 🌱
B - Fruity Parfait 🍌🍌
C - Uncrustable Sandwich Lunch 🌱
Caesar Salad 🍌🍌
Baby Carrots
And Fresh Apple 🍏

19A - Homemade Mac & Cheese 🌱🍌
B - Ham & Cheese Sandwich 🍌
C - Uncrustable Sandwich Lunch 🌱
Steamed Broccoli And Fresh Orange 🍊

20 A - Cheeseburger 🍌
B - Ham & Cheese Sandwich 🍌
C - Uncrustable Sandwich Lunch 🌱
Oven Baked Fries 🍌
Carrot Dippers
And Fresh Apple

21 A - Baked Chicken Tenders
With Whole Wheat Dinner Roll 🍌
B - Ham & Cheese Sandwich 🍌
C - Uncrustable Sandwich Lunch 🌱
All With Steamed

22A - Cinnamon French Toast Sticks 🌱
With Crispy Turkey Sausage Links
B - Ham & Cheese Sandwich 🍌
C - Uncrustable Sandwich Lunch 🌱
Baked Potato

23 Classic Cheese Pizza 🌱🍌🍌
B - Ham & Cheese Sandwich 🍌
C - Uncrustable Sandwich Lunch 🌱
Garden Salad
Cinnamon & Honey Roasted Beans

26A - Mozzarella Sticks 🌱
With Tomato Sauce Dip
B - Bagel with String Cheese 🌱
C - Uncrustable Sandwich Lunch 🌱
All With Green Beans

27A - Chicken & Cheese Quesadilla
Or Cheese Quesadilla 🌱
B - Bagel with String Cheese 🌱
C - Uncrustable Sandwich Lunch 🌱
All With Sweet Corn

28 A - Cheeseburger 🍌
B - Bagel with String Cheese 🌱
C - Uncrustable Sandwich Lunch 🌱
Sweet Potato Fries 🍌
And Sliced Oranges 🍊

29 Bat Shaped Nuggets w/ a Roll OR..
Pumpkin Pretzel w/ Cheese Sauce
Pumpkin Cookie

30 Pepperoni Pizza 🍌
Classic Cheese Pizza 🌱🍌🍌
B - Bagel with String Cheese 🌱
C - Uncrustable Sandwich Lunch 🌱
Caesar Salad 🍌🍌

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

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ALL STUDENT LUNCH INCLUDE CHOICE OF 1% Milk or Low-Fat Chocolate Milk with a Vegetable Choice and or Fruit Choice Daily Fruits offerings: Apples, Bananas, Oranges, half cup of assorted canned fruit. Assorted Condiments

