

Breakfast Menu

Broad Brook Elementary School

October 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

5 Yogurt Breakfast Pack
yogurt served with a whole grain side and fruit
Or Apple Strudel
Or Bacon, Egg and Cheese Breakfast Sandwich

6 Fluffy Whole Grain Waffles
warm whole grain waffles With Syrup
Or Bacon, Egg and Cheese Breakfast Sandwich
Or Fruity Parfait

7 WW Honey Bun
Or Bacon, Egg and Cheese Breakfast Sandwich
Or Fruity Parfait

1 Whole Grain Donut
Or Bacon, Egg and Cheese Breakfast Sandwich
Or Fruity Parfait

2 Cinnamon Bun
Or Egg and Cheese Sandwich
Or Fruity Parfait

12

13 Mini Blueberry Pancakes
Or Bacon, Egg and Cheese Breakfast Sandwich
Or Fruity Parfait

14 Whole Grain Donut
Or Bacon, Egg and Cheese Breakfast Sandwich
Or Fruity Parfait

15 Apple Strudel
Or Bacon, Egg and Cheese Breakfast Sandwich
Or Fruity Parfait

16 Egg and Cheese Sandwich
Or Blueberry Muffin
Or Fruity Parfait

19 Chocolate Chip Muffin
Yogurt Breakfast Pack
yogurt served with a whole grain side and fruit
Or Bacon, Egg and Cheese Breakfast Sandwich

20 Fluffy Whole Grain Waffles
warm whole grain waffles With Syrup
Or Bacon, Egg and Cheese Breakfast Sandwich
Or Fruity Parfait

21 WW Honey Bun
Or Bacon, Egg and Cheese Breakfast Sandwich
Or Fruity Parfait

22 Mini Cinnamon Pull Apart Roll
Or Bacon, Egg and Cheese Breakfast Sandwich
Or Fruity Parfait

23 Whole Grain Donut
Or Egg and Cheese Sandwich
Or Fruity Parfait

26 Yogurt Breakfast Pack
Chocolate Chip Muffin
Or Bacon, Egg and Cheese Breakfast Sandwich

27 Mini Blueberry Pancakes
Syrup
Or Bacon, Egg and Cheese Breakfast Sandwich
Or Fruity Parfait

28 Apple Strudel
Or Bacon, Egg and Cheese Breakfast Sandwich
Or Fruity Parfait

29 Cinnamon Bun
warm gooey whole grain cinnamon bun
Or Bacon, Egg and Cheese Breakfast Sandwich
Or Fruity Parfait

30 Mighty Pumpkin Spice Muffin
Or Egg and Cheese Sandwich
Or Fruity Parfait



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

100% Juice Choices:

Apple, Grape, Fruit, Orange
Tangerine

Milk Choice:

Fat Free Chocolate

Whole Grain Cereal Variety Includes:

Honey Cheerios, Cocoa Puffs, Cinnamon Toast Crunch, or Trix with a Cheese-stick

Cocoa Puff Cereal Bar with a Cheese-stick

Assorted Fresh Fruit Variety Available Daily.

APPLES, ORANGES, BANANAS, PEARS, PEACHES

