

**EAST WINDSOR PUBLIC SCHOOLS
WELLNESS COMMITTEE
EAST WINDSOR, CONNECTICUT
August 26, 2026 at 1:00 p.m.
East Windsor Middle School**

I. CALL THE MEETING TO ORDER

Meeting Called to Order at 1:10 p.m.

II. ATTENDANCE

- ☒ Paula Feyerharm, RN Healthcare Coordinator,
- ☒ Cheryl Gustafson Safe School Climate & Equity Director
- ☐ Stephanie Fay Nutrition Services
- ☒ Natalie Quinn (parent/staff BBES)
- ☐ Joe Buck (parent EWMS)
- ☒ Kiersten Walker, RN (parent/staff EWMS)
- ☒ Kyle MacDonald (parent/staff EWMS)
- ☒ Sharon Whalen, (parent/staff EWHS)
- ☒ Madison Lockwood (PE and Health Teacher, EWMS)
- ☐ Student Representation-
- ☐ Betsy LeBoriosis School Board Representation
- ☐ OTHERS IN ATTENDANCE:

III. REVIEW AND APPROVAL OF LAST MEETING MINUTES

Motion by C Gustafson; Second by K. McDonald to approve minutes from June 11, 2026

IV. AGENDA

a. Gathering Feedback from Students and Families

- i. **Follow Up from last meeting.** Discussion of Installation of suggestion boxes in the building cafeterias is on schedule. Kyle has connected with his staff.
- ii. **Survey.** Survey questions will be administered to students regarding food choices in the cafeteria. Will be provided to building School Climate & Equity Committees for inclusion in their biannual surveys,

How much food do you eat each meal at school? (All, $\frac{3}{4}$, $\frac{1}{2}$, $\frac{1}{4}$ 0), If you are not eating 100% of your food, why? (Give some options, I eat a special diet, etc.)

Physical activity - How much physical activity (on average) do you get during a school day - during school and before and after school? <1 hr, 1 hr, 2 hrs, >3 hrs
What activities do you participate in at school that promote physical activity?
(Checkbox / all that apply and other)

- iii. **Lunch Bunches.** Provide Lunch Bunch Leaders with a place to provide feedback Nursing and food service to collaborate on placing forms in cafeteria.

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- b. Establish local partnerships with community organizations** Former student of EWHS (David Corricelli) is the executive director of the YMCA. Sharon Whalen reach out.
- c. Wellness Club at the HS.** CG will inquire about including in a grant. Should this club be an option, the advisor and a student should serve on the district committee.
- d. Board of Education Policy Review.** We will review BOE policy to suggest any updates in upcoming meetings

VI. FUTURE MEETINGS

(Hybrid) Held at EWMS room M1 and virtually Google Meet

December 3, 2026

February 4, 2027

June 3, 2027

Meeting Minutes and Attendance Recorded By: Cheryl Gustafson

Meeting adjourned at 1:34 p.m.