

Breakfast Menu

East Windsor Middle School

August 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27 Mini Cinnamon Pull Apart Roll  Or Bacon, Egg and Cheese Breakfast Sandwich  Or Fruity Parfait  	28 Whole Grain Donut  Or Egg and Cheese Sandwich  Or Fruity Parfait  

31 Chocolate Chip Muffin 
Or Bacon, Egg and Cheese Breakfast Sandwich 
Or Fruity Parfait  



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex

(including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

100% Juice Choices:

Apple, Grape, Fruit, Orange
Tangerine

Milk Choice:

Fat Free Chocolate

1% White



Vegetarian



Made With
Natural Ingredients

Whole Grain Cereal Variety Includes:

Honey Cheerios, Cinnamon Toast Crunch, or Trix
with a Cheese-stick

Cocoa Puff or Cinnamon Toast Crunch Cereal Bar
with a Cheese-stick

Assorted Fresh Fruit Variety Available Daily.

APPLES, ORANGES, BANANAS, PEARS, PEACHES