

East Windsor High School

Welcome to our
Lunch Cafe

08/24/2026 - 08/28/2026



Monday

Tuesday

Wednesday

Thursday

Friday



Yard Bird Classic
Chicken Sandwich
*a delicious chicken filet
on a hearty bun, served
with special sauce and a
pickle*
With Baked Potato
Wedges

BLT Burger
*freshly prepared burger
topped with crispy bacon,
lettuce, tomato and mayo
on a freshly toasted bun*
P 🌱
Homemade Lite
Veggie Pasta Salad
Baked Beans

Pepperoni Pizza
*cheese pizza topped with
pepperoni*
Classic Cheese
Pizza 🌱 🌱

Bacon Pizza
*pizza topped with crispy
bacon* P
Classic Cheese
Pizza 🌱 🌱

Beef Hot Dog on Bun
*juicy beef hot dog on a
soft bun*

Crispy Chicken
Sandwich
*warm crispy breaded
chicken on a bun
prepared in-house*

Turkey Sandwich
*freshly made sandwich
with thinly sliced turkey*
Ham & Cheese
Sandwich P 🌱 🌱
Fruity Parfait 🌱 🌱
Uncrustable PB and
Jelly Sandwich
Garden Salad with
Cheese Entree
*fresh garden salad
topped with cheese* 🌱

Turkey Sandwich
*freshly made sandwich
with thinly sliced turkey*
Ham & Cheese
Sandwich P 🌱 🌱
Fruity Parfait 🌱 🌱
Uncrustable PB and
Jelly Sandwich
Chicken Caesar
Salad
*fresh romaine topped
with parmesan cheese,
chicken, and croutons*

Fresh Apple
Fresh Orange
Carrot Dippers
Celery Sticks
Cucumber Coins
Garden Salad

Fresh Apple
Fresh Orange
Carrot Dippers
Celery Sticks
Cucumber Coins
Garden Salad

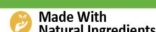
All Meals Are Served With Low-Fat Milk & Assorted Fruits & Vegetables



Check out our mobile menu at
www.FDMealPlanner.com or download
FD MealPlanner free of charge, from
the App Store or Google Play, and
view your menu on your mobile device
anywhere.

Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. * Menu is subject to change, notice posted when available. * In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. * This institution is an equal opportunity provider.

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East Windsor High School

Welcome to our
Lunch Cafe

08/31/2026 - 08/31/2026



Monday

Tuesday

Wednesday

Thursday

Friday



Meatless Chik'n
Nugget with Buffalo
Sauce
*crispy breaded meatless
nuggets served with a
buffalo sauce*
With Whole Wheat
Dinner Roll
And Baked Potato
Wedges



Pepper and Onion
Pizza
*fresh pizza topped with
peppers and onions*
Classic Cheese
Pizza



Spicy Chicken
Sandwich
*warm spicy chicken
breaded cutlet prepared
in-house*



Turkey Sandwich
*freshly made sandwich
with thinly sliced turkey
Ham & Cheese
Sandwich*
Fruity Parfait
Uncrustable PB and
Jelly Sandwich
Chicken Caesar
Salad



Fresh Apple
Fresh Orange
Carrot Dippers
Celery Sticks
Cucumber Coins
Garden Salad

All Meals Are Served With Low-Fat Milk & Assorted Fruits & Cold Vegetables



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