

Standing Orders for School Nurses

Approved STUDENT Medication and Treatments

2026-2027 School Year & Extended School Year (July 2027)

With written parental permission signed off in PowerSchool each school year:

Headache, earache, dental pain, menstrual cramps, fever, new sprains/fractures or obvious signs of swelling or bruising:

- 1) Acetaminophen (Tylenol)
 - a) Children under age 10 - Tylenol chewable or liquid as directed on package label
 - b) Children over age 10 - Tylenol 325 - 650 mg tablet
- 2) Ibuprofen (Advil or Motrin)
 - a) Children ages 5-10 - Ibuprofen chewable or liquid as directed on package label
 - b) Children over age 10 - Ibuprofen 200-400 mg as directed on package label

A limit will be placed on the number of doses of Acetaminophen and/or Ibuprofen given without a specific primary care physician's permission during the school year. The policy will allow for a total of ten doses per academic school year and no more than five doses during extended school year/summer programming.

A limited number of liquid doses of Tylenol and Ibuprofen are available at EWMS and EWSHS for students.

Minor cuts/abrasions:

- 1) Wash with soap and water
- 2) Apply dry sterile dressing or band-aid
- 3) May use bacitracin if no allergies noted

Sore Throat:

- 1) Salt water gargle
- 2) Encourage fluids

Stomach Ache/Nausea:

Chewable antacid according to recommended dosage for age.

Allergic Reactions:

- 1) EpiPen (Stock for anaphylactic reaction per EWPS Emergency Medication Protocol).
 - a) EpiPen Jr. - .15 mg for students under 66 lbs.
 - b) EpiPen - .3 mg for students over 66 lbs.
- 2) Benadryl liquid according to recommended dosage for significant allergic reaction - hives/swelling. Benadryl 1.25mg/kg or .5mg/lb.
- 3) Benadryl will not be given for seasonal allergies.

Sprains/Strains/New Fracture:

- 1) Apply ice pack to affected area/elevate limb if applicable for sprains & strains.
- 2) Tylenol and Advil as noted above. Long term injuries that require pain medication will require a doctor's order, a parent's note along with the prescribed medication. Contact the School Nurse for the appropriate medication forms.

Dry Skin:

- 1) Apply Lubriderm (or similar) to dry skin once a day (administer 10 times only per year)

Diaper Rash:

- 1) desitin, A & D ointment, or balmex as needed

Oxygen Saturation: PRN

Eye Rinse/Wash

- 1) collyrium or saline eye wash
- 2) contact solution for contact users

Minor Insect bites/skin rash:

- 1) Apply hydrocortisone cream, benadryl cream, calamine lotion, and/or ice
- 2) sting kill wipes PRN

Chapped lips:

Vaseline, chapstick, or blistex

Poisoning:

- 1) Contact Poison Control Center# 1-800-222-1222

Mouth sores/gum pain:

- 1) Topical anesthetic for pain relief.

Fainting: Ammonia inhalant (11 capsule if needed)

Narcan nasal spray 4mg- to a person suspected of opioid overdose (per narcan protocol)

Sunscreen:

- 1) Provided by parent
- 2) Self-administered by student
- 3) If a student is unable to self-administer the sunscreen a medication order and parent written permission is required to apply this at school

Students with known anaphylaxis must have EpiPen and physician's order on file and in school at all times!

Please note that children who require medication during school hours will need:

- 1) Prescription bottle with label (student's name, name of medication, dose, time, and frequency /only 30 day supply of medication)
- 2) EWPS Medication forms to be completed and signed by a parent.
- 3) EWPS Medication forms to be completed and signed by the physician.
- 4) Medication must be transported to school by a parent/guardian or responsible adult over the age of 18. Children may not bring medication to school on the bus.

Kerri-Ann Fraterigo M.D.

Dr. Kerri-Ann Fraterigo, EWPS Medical Advisor

7/11/26

Date