

East Windsor East Middle School

Breakfast , March 2026

Monday 02	Tuesday 03	Wednesday 04	Thursday 05	Friday 06
Blueberry Muffin ✓ Unflavored 1% Milk	Sausage, Egg and Cheese Sandwich 100% Apple Juice 100% Orange Tangerine 100% Juice Fruit Punch Unflavored 1% Milk	Whole Grain Donut ✓ Unflavored 1% Milk	Bacon, Egg and Cheese Wrap 100% Juice Fruit Punch 100% Apple Juice 100% Orange Tangerine Unflavored 1% Milk	Yogurt Breakfast Pack ✓ Unflavored 1% Milk
Monday 09	Tuesday 10	Wednesday 11	Thursday 12	Friday 13
Egg and Cheese Sandwich ✓ Unflavored 1% Milk	Fluffy Whole Grain Waffles 100% Apple Juice 100% Orange Tangerine 100% Juice Fruit Punch Unflavored 1% Milk	WW Honey Bun ✓ Unflavored 1% Milk	Fluffy Whole Grain Pancakes ✓ 100% Juice Fruit Punch 100% Apple Juice 100% Orange Tangerine Unflavored 1% Milk	NY Organic French Vanilla Yogurt WG Honey Bear Graham Crackers Unflavored 1% Milk
Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
Blueberry Muffin ✓ Unflavored 1% Milk	Chunky Monkey Smoothie ✓ Red. Sugar Cocoa Puffs Cereal ✓ 100% Apple Juice 100% Orange Tangerine 100% Juice Fruit Punch Unflavored 1% Milk	Egg and Cheese Sandwich ✓ Unflavored 1% Milk	Apple Strudel ✓ 100% Juice Fruit Punch 100% Apple Juice 100% Orange Tangerine Unflavored 1% Milk	Yogurt Breakfast Pack ✓ Unflavored 1% Milk
Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27
Egg and Cheese Sandwich ✓ Unflavored 1% Milk	Fluffy Whole Grain Waffles 100% Apple Juice 100% Orange Tangerine 100% Juice Fruit Punch Unflavored 1% Milk	Whole Grain Donut ✓ Unflavored 1% Milk	Cinnamon Bun ✓ 100% Apple Juice 100% Orange Tangerine Unflavored 1% Milk	Yogurt Breakfast Pack ✓ Unflavored 1% Milk
Monday 30	Tuesday 31			
Blueberry Muffin ✓ Unflavored 1% Milk	Sausage, Egg and Cheese Sandwich 100% Apple Juice 100% Orange Tangerine 100% Juice Fruit Punch Unflavored 1% Milk	No Menu Available	No Menu Available	No Menu Available

* Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subjected to change, notice posted when available. This institution is an equal opportunity provider.