

Breakfast Menu

East Windsor Public Schools

May
2025

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM


Monday


Tuesday




Wednesday

Thursday

Friday


5 Egg and Cheese Sandwich 
Unflavored 1% Milk



6 Blueberry Muffin 
Unflavored 1% Milk
100% Apple Juice
100% Orange
Tangerine
100% Juice Fruit Punch


7 Apple Cinnamon Smoothie   
WG Honey Graham Crackers
Unflavored 1% Milk


1 Bacon, Egg and Cheese Wrap
Unflavored 1% Milk
100% Juice Fruit Punch
100% Apple Juice
100% Orange
Tangerine


2 Non Fat Strawberry Greek Yogurt
WG Honey Graham Crackers
Unflavored 1% Milk

12 Banana Muffin 
Unflavored 1% Milk


13 Chunky Monkey Smoothie   
Unflavored 1% Milk
100% Apple Juice
100% Orange
Tangerine
100% Juice Fruit Punch


14 Egg and Cheese Sandwich 
Unflavored 1% Milk

15 WW Honey Bun 
Unflavored 1% Milk
100% Juice Fruit Punch
100% Apple Juice
100% Orange
Tangerine

16 Sausage, Egg & Cheese Burrito* 
Unflavored 1% Milk

19 Very Berry Smoothie   
Unflavored 1% Milk

20 WG Cherry Muffin 
Unflavored 1% Milk
100% Apple Juice
100% Orange
Tangerine
100% Juice Fruit Punch


21 Fluffy Whole Grain Waffles 
Unflavored 1% Milk


22 Non Fat Strawberry Greek Yogurt
WG Honey Graham Crackers
Unflavored 1% Milk
100% Juice Fruit Punch
100% Apple Juice
100% Orange

23 Cinnamon Toast Crunch Bar Breakfast Kit
Unflavored 1% Milk



27 Strawberry & Peach Smoothie
Unflavored 1% Milk
100% Apple Juice
100% Orange
Tangerine
100% Juice Fruit Punch

28 Ham and Egg Sandwich 
Unflavored 1% Milk

29 WG Donut 
Unflavored 1% Milk
100% Juice Fruit Punch
100% Apple Juice
100% Orange
Tangerine

30 WG Double Chocolate Chip Muffin 
Unflavored 1% Milk



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Fresh fruit variety available daily,

Variety includes:

Fresh Apples, Fresh Oranges, Bananas, Fresh Pears, and other seasonal fruits.

Whole Grain Cereal Variety Includes:

Cocoa Puffs, Trix, Cinnamon Toast Crunch, Golden Grahams, Cheerios

