

East Windsor Public Schools School Health Services

Student sick protocol

If your child is sick, keep him/her home!

- People with Covid 19 have wide range of symptoms ranging for mild to severe illness. Symptoms may appear between 2-14 days after exposure to the virus. People with these symptoms may have Covid 19:
 1. Fever over 100 degrees or chills
 2. New onset cough
 3. Shortness of breath or difficulty breathing
 4. New loss of taste or smell
 5. Chills
 6. Fatigue
 7. Muscle or body aches
 8. Headache
 9. Sore throat
 10. Congestion or runny nose
 11. Nausea or vomiting
 12. Diarrhea
 13. cough
- If your child has **any Covid 19 symptoms** he/she must isolate and test
- If your child is ill at school your child will be placed in the isolation room and he/she will be required to be picked up from school within 30 minutes of a phone call made to you!
- Contact the school nurse in your building if your child is ill at home.
- If you child is home and has difficulty breathing call 911

Vaccinated students

Your child has Covid 19 symptoms

Test

- **Test negative**– Can return to school once fever free for 24 hours without the use of fever reducing medication and other symptoms have improved.
- **Test positive** - Self-isolate for 5 days since the onset of symptoms or positive test. Return on day 6 only if student has been 24 hours fever free without fever reducing medication and when Covid symptoms are significantly improved.
- **No test** – Stay home self –isolate for 10 days since the onset of symptoms and until 24 hours have passed without a fever and the use of fever reducing medication and the improvement in all other symptoms

Your child has no Covid 19 symptoms but is a close contact to a person diagnosed with Covid 19

Test required

- Test on day 5 after last exposure - you may remain in school while awaiting test results
- Test positive: Self-isolate for 5 days since the onset of symptoms or positive test. Return on day 6 only if student has been 24 hours fever free without fever reducing medication and when Covid 19 symptoms are significantly improved

Unvaccinated students and have not tested positive for Covid in 90 days

Your child has Covid 19 symptoms but is not a close contact to a diagnosed person with Covid 19

- Test negative: – Can return to school once fever free for 24 hours without the use of fever reducing medication and other symptoms have improved.
- Test positive: Self-isolate for 5 days since the onset of symptoms or positive test. Return on day 6 only if student has been 24 hours fever free without fever reducing medication and Covid symptoms have significantly improved
- No test – Stay home self-isolate for 10 days since the onset of symptoms and until 24 hours have passed without a fever and the use of fever reducing medication and the improvement in all other symptoms

Your child has Covid 19 symptoms and is a close contact to a person diagnosed with Covid 19

- Test negative: Self-isolate test return on day 6 with a negative test as long as student has been 24 hours fever free without fever reducing medication and Covid symptoms have improved
- Test positive: Self-isolate for 5 days since the onset of symptoms or positive test. Return on day 6 only if student has been 24 hours fever free without fever reducing medication and Covid symptoms have significantly improved.
- No test – Stay home self-isolate for 10 days since the onset of symptoms and until 24 hours have passed without a fever and the use of fever reducing medication and the improvement in all other symptoms

Your child has no Covid 19 symptoms but is a close contact to someone diagnosed with Covid

Test on day 5 after last exposure:

- Test negative: return on day 6 as long as student has been 24 hours fever free without fever reducing medication and when there are no Covid symptoms.

- Test positive: Self-isolate for 5 days since the onset of symptoms or positive test. Return on day 6 only if student has been 24 hours fever free without fever reducing medication and when Covid symptoms have significantly improved.
- No test – Stay home self-isolate for 10 days since the onset of symptoms and until 24 hours have passed without a fever and the use of fever reducing medication and the improvement in all other symptoms

In keeping with the new state guidance, we will now except the results of a rapid antigen test, home test and PCR tests.

You can find a testing sites close to your home by going on www.211ct.org

You can schedule a PCR or rapid Covid test online at CVS and Walgreens. Priority Urgent care in Ellington can provide a both tests 860-454-0678, Urgent Hartford Go Urgent Care in Enfield (at stop and shop plaza) 860-787-5780, Urgent Hartford Go Urgent Care in Windsor 860-787-5786, St Francis Hospital Trinity Health Care 888-786-2790 and Bradley International Airport is also doing testing again.

If your child is enrolled with CHC, the School Based Health Center, your child can be tested through CHC here at school. If not you may enroll your child by clicking on this link www.sbhct.com and completing the enrollment forms. Once enrolled you may call to schedule an appointment

Please email or call your school nurse with your child's Covid test results prior to their return to school

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