

East Windsor Public Schools School Health Services

Student sick protocol

If your child is sick, keep him/her home!

People with Covid 19 have wide range of symptoms ranging for mild to severe illness. Symptoms may appear between 2-14 days after exposure to the virus. People with these symptoms may have Covid 19:

Symptoms include: **fever, cough, shortness of breath/difficulty breathing, sore throat and congested or runny nose.** Other symptoms can include: new loss of taste or smell, fatigue, muscle or body aches, nausea or vomiting and diarrhea

Test Mask and Go program for Covid 19

If a student has mild respiratory symptoms (infrequent cough, congestion, runny nose, sore throat)

Then:

1. Mask is required while student is at school and must be worn consistently and correctly until symptoms are resolved
2. Must test negative for COVID-19 prior to reporting in-person every day they have symptoms and one final test on the morning their symptoms have completely resolved

If a student has respiratory disease symptoms and a fever >100 degrees or feels feverish

Then:

Must stay home and test for COVID-19

If negative: can return to school when symptoms are resolved.

If positive for COVID-19:

1. Isolate at home for 5 days
2. If your child has no symptoms or their symptoms are improving/resolving, they can leave isolation on day 6
3. Continue to wear mask at school for 10 days

If a student has respiratory disease (symptoms) and lives with a person who recently tested positive for COVID-19 within the past 2 weeks

Then:

Stay home test for COVID-19

If positive for COVID-19:

1. Isolate at home for 5 days
2. If your child has no symptoms or their symptoms are improving/resolving, they can leave isolation on day 6
3. Continue to wear mask in school for 10 days

If negative for COVID-19:

1. Stay at home until symptoms are resolved

Students who are exposed to Covid 19 may stay in school but must test on day 5 at home after being exposed or test sooner if symptoms develop. It is recommended that students who are exposed wear a mask starting on day 1 after exposure through day 10.

- If your child has **Covid 19 symptoms** at school the nurse will assess your child and determine if he/she must wear a mask while in school.
- Contact the school nurse in your building if your child is ill at home with Covid symptoms.
- **Home tests** - Students who have Covid 19 symptoms will be sent home with a few at home test kits. Each test kit contains 2 tests. As part of our Test Mask and Go program students who have Covid symptoms as determined by the school nurse should test every morning prior to coming to school until their symptoms have resolved.

Please email your school nurse with your child's Covid test results prior to school each morning for the Test Mask and Go program.

Mary Jo Lamas RN - hsnurse@ewct.org

EWHS- 860-627-0169/fax 850-758-7509

Mary Ann Stroiney RN BSN – msnurse@ewct.org

EWMS – 860-654-0094/fax 860-370-9832

Kathryn Smyrak RN BSN – bbsnurse@ewct.org

Broad Brook – 860-627-4986/fax 860-386-6059

Mystica Davis LPN – bbsnurse@ewct.org

Broad Brook – 860-627-4986/fax 860-386-6059