

Resources for Families

A social story for students regarding COVID 19

<https://theautismeducator.ie/2020/03/11/corona-virus-social-story/?fbclid=IwAR3c0qZyR0LMVUiYuwdQ4IKbiMGG3ieaECUXj8klE5HSgJHHOhad7Y04SpG>

Managing Fears

<https://www.youtube.com/watch?v=KEZc-Nap9k8>

Lunch Doodles with Mo Willems

<https://www.kennedy-center.org/education/mo-willems/>

How can I talk to my child about Coronavirus?

[Talking to Your Child About Coronavirus](#)

[Helping Kids Manage Anxiety around the Corona Virus \(Expert Videos\)](#)

[Mental Health and Coping During COVID-19](#)

Talking to Children About COVID 19

[https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/talking-to-children-about-covid-19-\(coronavirus\)-a-parent-resource](https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/talking-to-children-about-covid-19-(coronavirus)-a-parent-resource)

Talking With Children: TIPS FOR CAREGIVERS, PARENTS, AND TEACHERS DURING INFECTIOUS DISEASE OUTBREAKS

https://store.samhsa.gov/system/files/pep20-01-01-006_508_0.pdf

Taking Care of Your Behavioral Health: TIPS FOR SOCIAL DISTANCING, QUARANTINE, AND ISOLATION DURING AN INFECTIOUS DISEASE OUTBREAK

<https://store.samhsa.gov/system/files/sma14-4894.pdf>

Coping With Stress During Infectious Disease Outbreaks

<https://store.samhsa.gov/system/files/sma14-4885.pdf>

Where can I find help for food support during this COVID-19 period?

Hands On Hartford - 860 728-3201

<http://www.handsonhartford.org/about/about-2/>

Teach your kids time management:

<https://www.sandiegofamily.com/parenting/10-tips-to-teach-your-kids-time-management>

Homework tips for parents:

<https://kidshealth.org/en/parents/homework.html>

Establishing a homework routine:

<https://www.additudemag.com/homework-routines/>