

SEPTEMBER 2021

East Windsor Public Schools

BREAKFAST



AVAILABLE
FRESH FRUIT PATTY WITH YOGURT AND BAGEL
ASSORTED SALADS with a roll
Assorted Sandwiches
This Institute is an equal opportunity employer



September is National Biscuit Month. Try a breakfast sandwich on a biscuit or try out a new recipe with chicken and biscuits this month!

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1
Scrambled Eggs w/ Toast

2
Banana or Blueberry Bread

3
Sausage Egg and
Cheese on a Croissant

Labor Day

6

7
Assorted Cereal
Bars and Cereal
Bowls

7

Cinnamon Rolls

9
Ham Egg & Cheese
Wrap

10
Maple Burst Mini
Pancakes

13
Scrambled Eggs
with Toast

13

14
Assorted Donuts

14

15
Smoothies with
Goldfish Crackers

15

16
Dutch Waffles w/
Powdered Sugar

16

17
Sausage Egg and
Cheese on English
Muffin

17

20
Mini Cinnamon Bun

20

21
Crumb Cake

21

22
Ham Egg and
Cheese on English
Muffin

22

23
Assorted Donuts

23

24
Strawberry Cream
Cheese Bagel Mini's

24

27
Smoothies with
Goldfish Crackers

27

28
Pancake Wrapped
Sausage on a Stick

28

29
French Toast Bites

29

30
Sausage Egg and Cheese
on a Croissant

30

