

In this week's Parent Update, we want to share important information and updates about:

- Meal distribution
- Student vaccination clinic for EWHS
- Standardized Testing
- Travel and quarantine requirements
- Updated quarantine requirements for athletes
- COVID 19 testing requirements
- Senior activities and high school exams
- COVID-19 cases

MEAL DISTRIBUTION

Due to a dramatic decrease in “to go” meals, we will now be distributing meals daily from 8:00 am – 8:30 am only at East Windsor Middle School. This will begin Monday May 3. If this creates a hardship or you have any questions, please contact Greg Powers, Food Service Director at gpowers@ewct.org.

STUDENT COVID 19 VACCINATION CLINICS

Information has been sent out about a COVID 19 vaccination clinic at EWHS for students who are at least 16 years old. This clinic is limited to students attending EWHS and not open to the public. The clinic will be held on May 11 (1st dose) and June 1 (2nd dose) from 9am – 12 pm. Community Health Center (CHC) will be providing the clinic for our students. If your child attends EWHS and is at least 16 years of age but you did not receive the School Messenger from Mrs. Anderson regarding the clinic, please contact East Windsor High School for the information. If you have questions about the vaccination clinic, please contact Melissa Thibeault, CHC at thibeam@chc1.com

STANDARDIZED TESTING

We have begun the required state testing across the district. Each school has an individualized schedule and have posted the schedule and expectations on the portal. We ask families to please review the documents for important information.

TRAVEL AND QUARANTINE REQUIREMENTS

I am aware that mask mandates have been changed for people who are fully vaccinated. In the East Windsor Public Schools, we are continuing to require masks in the school buildings and at any school event, indoors or outdoors. Almost all of our students are too young to be vaccinated and many have health issues that would increase their risks for contracting or having complications due to Covid – 19. In addition, not all of our staff is vaccinated. We are requiring masks at least through the end of this year to protect our students and staff – our goal is to keep our students in

school 5 days per week until June 15, our scheduled last day of school. Thank you for respecting our protocols and helping us keep our students and staff safe.

In the East Windsor Public Schools, we are still requiring quarantine for any unvaccinated staff or students following travel or exposure to a known positive case of COVID-19.

We have made modifications to our quarantine requirements:

- Your child can quarantine for 10 days and return to school on day 11 if they feel well without being tested or,
- Your child can get tested between days 3 and 5 following exposure or return from travel and return to school no sooner than day 7 with a negative test and if they are feeling well. Students must quarantine while waiting for test results and they are expected to access remote instruction during that time.

If your child is tested, both the results of a PCR test or a positive rapid test are acceptable. A negative rapid antigen test is not accepted because there are too many false negative results with those tests.

I understand that having to deal with a child quarantined can be frustrating, but we ask that you continue to comply with the guidelines noted above. Your continued patience, understanding and respectful communication with our staff is appreciated.

This is also the time of year when we see many students with seasonal allergy symptoms. Some seasonal allergy symptoms can mimic COVID-19 symptoms. If your child has seasonal allergies, please provide your school nurse with documentation from your primary care physician stating your child has seasonal allergies. This will assist the nursing staff in making appropriate nursing assessments on when to send students home during this pandemic.

Updated quarantine and travel guidelines for interscholastic and intermural athletics

Athletes who are exposed to Covid 19 during an athletic event will now be able to test on day 8, quarantine for 10 days and return if a PCR test is negative on day 11. Athletes who travel out of state to play in an athletic event can now test between days 3 and 5 and return with negative PCR test no earlier than day 7.

Please contact the school nurses if you have any questions

Mary Jo Lamas RN
Fax: 860-758-7509

East Windsor High School - 860-627-0169

Mary Ann Stroiney RN BSN
Fax: 860-370-9832

East Windsor Middle School – 860-654-0094

COVID 19 TEST REQUIREMENTS

Please be reminded that we require a negative PCR test for students to return to school following travel or exposure. We cannot accept a negative rapid test due to the occurrences of false negatives.

SPRING SPECTATOR GUIDELINES AS OF APRIL 9, 2021

East Windsor is allowing spectators for spring sports however, the following guidelines must be followed, or spectators will be asked to leave school grounds:

- **Masks MUST be worn at all times.**
- Home fans and a limited number of away fans will be allowed at all outdoor events.
- The number of fans will be based on specific spectator area capacity.
- Designated marked spots on each bleacher have been made. (Track meets only)
 - Spectators must sit one person per each marked spot.
- Fans are HIGHLY encouraged to bring their own chairs for baseball and softball games.
 - Bleachers WILL NOT BE AVAILABLE at baseball and softball games.
- If spectating from a place not on the bleachers, proper social distancing needs to be maintained at all times.
- The Athletic Director and all designees have the right to remove any spectators who do not adhere to the above protocol.

Please see the EWHS Athletics webpage for a listing of which NCCC schools are not allowing spectators. You are encouraged to check before you head to watch an away competition.

EAST WINDSOR HIGH SCHOOL EXAMS AND SENIOR ACTIVITIES

Mrs. Anderson will be sending a letter out about exams and senior activities. Please watch for both letters as there is important information and deadlines – especially related to senior activities.

COVID-19 CASES

We have had 7 positive cases since the last parent update, prior to April break.

Thank you and enjoy the weekend!

Christine

